

2019 AREA "C" TRACK CHAMPIONSHIPS

ORDER OF EVENTS

NOTE: The Meet may move ahead of schedule. Listen for announcements

<u>EVENT</u>	<u>AGE GROUP</u>	<u>TIME</u>
4 x 200 Relay	Novice Girls / Boys	1:00
	Minor Girls / Boys	1:10
	Cadet Girls / Boys	1:20
4 x 800	Open Girls	1:30
	Open Boys	1:45
100 Meter Trials	Novice Girls / Boys	2:00
	Minor Girls / Boys	2:10
	Cadet Girls / Boys	2:20
1600 Meters	Novice Girls	2:30
	Novice Boys	2:40
	Minor Girls	2:50
	Minor Boys	3:00
	Cadet Girls	3:10
	Cadet Boys	3:20
4 X 100 Relay	Novice Girls	3:30
	Novice Boys	3:35
	Minor Girls	3:40
	Minor Boys	3:45
	Cadet Girls	3:50
	Cadet Boys	3:55
400 Meters	Novice Girls /Boys	4:00
	Minor Girls / Boys	4:15
	Cadet Girls / Boys	4:30
100 Meter Finals	All Age Groups	4:45
800 Meters	Novice Girls / Boys	5:00
	Minor Girls / Boys	5:10
	Cadet Girls / Boys	5:20
200 Meters	Novice Girls / Boys	5:30
	Minor Girls / Boys	5:45
	Cadet Girls / Boys	6:00
4 x 400 Relay	Open Girls	6:15
	Open Boys	6:20
Awards Presentation to follow the last race		

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FIELD EVENTS	HIGH JUMP	LONG JUMP	SHOT PUT	TRIPLE JUMP
Novice Girls	1:30	2:00	4:20	
Novice Boys	2:45	2:00	5:10	
Minor Girls	4:00	3:00	1:00	
Minor Boys	5:15	3:00	1:50	
Cadet Girls	11:00 AM	1:00	2:40	4:00
Cadet Boys	12:15	1:00	3:30	4:00