

2024 AREA "C" TRACK CHAMPIONSHIPS

ORDER OF EVENTS

NOTE: The Meet may move ahead of schedule. Listen for announcements

<u>EVENT</u>	<u>AGE GROUP</u>	<u>TIME</u>
Co-Ed Open DMR	Open Girls & Boys	1:00 PM
100m Trials	Novice (Girls/Boys)	1:20 PM
	Minor (Girls/Boys)	1:30 PM
	Cadet (Girls/Boys)	1:40 PM
4 x 800 Open Relay	Open Girls	1:50 PM
	Open Boys	2:05 PM
4 x 200m Relay	Novice (Girls/Boys)	2:20 PM
	Minor (Girls/Boys)	2:40 PM
	Cadet (Girls/Boys)	3:00 PM
1600m	Novice (Girls/Boys)	3:15 PM
	Minor (Girls)	3:30 PM
100m Finals	All Age Groups	3:40 PM
1600m	Minor (Boys)	3:50 PM
	Cadet (Girls/Boys)	4:00 PM
400m	Novice (Girls/Boys)	4:15 PM
	Minor (Girls/Boys)	4:25 PM
	Cadet (Girls/Boys)	4:35 PM
4x100m Relay	Novice (Girls/Boys)	4:45 PM
	Minor (Girls/Boys)	4:55 PM
	Cadet Girls/Boys)	5:05 PM
800m	Novice (Girls/Boys)	5:15 PM
	Minor (Girls/Boys)	5:25 PM
	Cadet (Girls/Boys)	5:35 PM
200m	Novice (Girls/Boys)	5:50 PM
	Minor (Girls/Boys)	6:00 PM
	Cadet (Girls/Boys)	6:10 PM
4X 400m Open Relay	Open Girls	6:20 PM
	Open Boys	6:30 PM
Awards Presentation to follow the last race		

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FIELD EVENTS	HIGH JUMP	LONG JUMP	SHOT PUT	TRIPLE JUMP
Novice Girls	1:30	2:00	4:20	
Novice Boys	2:45	2:00	5:10	
Minor Girls	4:00	3:00	1:00	
Minor Boys	5:15	3:00	1:50	
Cadet Girls	11:00 AM	1:00	2:40	4:00
Cadet Boys	12:15	1:00	3:30	4:00